

The Senior Information and Assistance Center is a service of the PPACG Area Agency on Aging. We serve individuals 60 years old and above who live in El Paso, Park, and Teller counties.

We also serve those who are concerned about the care and well-being of a senior, other agencies that serve older adults, and seniors who are considering moving to this area.

To learn about  
community resources,  
just call the Senior  
Information and  
Assistance Center at  
719-471-2096  
or e-mail  
seniorinfo@ppacg.org.



The Pikes Peak region's 16 local governments join together in PPACG to collaborate on issues that cross political boundaries and to reach solutions that benefit the entire region. PPACG's primary focus is regional planning in transportation, aging issues, and air and water quality. We are the region's designated Metropolitan Planning Organization for transportation and its air- and water-quality lead planning agency. PPACG also administers the Pikes Peak Rural Transportation Authority and provides direct services to citizens through the PPACG Area Agency on Aging.

PPACG Area Agency on Aging  
Ombudsman Program  
14 S. Chestnut St., Colorado Springs, CO  
719-471-7080  
www.ppacg.org/aging/ombudsman

# SENIOR INFORMATION & ASSISTANCE

Linking you to  
information and  
services



Pikes Peak Area  
Council of Governments  
Communities Working Together

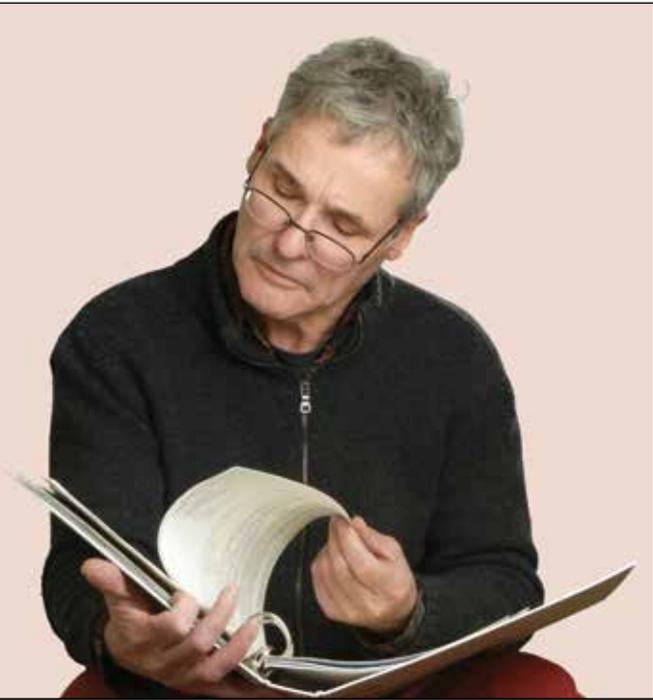
**AREA AGENCY ON AGING**

719-471-2096

# Senior Information & Assistance

We help you find the information and services you need in the Pikes Peak region and beyond.

**The Pikes Peak region is home to many organizations that provide services to seniors, but trying to find the right resources can be overwhelming. The Pikes Peak Area Council of Governments Area Agency on Aging (PPACG AAA) Senior Information and Assistance Center staff is here to help.**



Our trained staff and volunteers can provide you with information about area services and connect you with the organizations that are best suited to help you. Call us when you need quick and direct access to help. We have an extensive database of services we can use to connect you with the help you need.

You can schedule a one-on-one free consultation with a case manager, who will assess your situation and help identify exactly which services can best help you. We also help you contact and apply for available programs.

The PPACG AAA Senior Information and Assistance Center staff can show you where to find:

- Low-cost nutritious meals at meal sites (or delivered to your home);
- Assistance in your home;
- Transportation for medical appointments, meals, shopping, and business;
- Medical insurance counseling;



- Housing (nursing homes and assisted living, retirement, and independent-living facilities);
- Low-cost health clinics;
- Assistance with dental care; and much more!

We publish the *Senior Information and Assistance Directory* (the “Yellow Book”) each year. In publication for over 25 years, the Yellow Book offers information on over 600 services for older adults in El Paso, Park, and Teller counties. Older adults and their caregivers will find service provider listings and descriptions of services, as well as contact information, in this free publication.