



Pikes Peak Area
Council of Governments
Communities Working Together

Meeting Agenda
Pikes Peak Commission on Aging
Wednesday, October 21, 2026, 3:00 PM

In-Person

Pikes Peak Area Council of Governments Main Conference Room
14 S. Chestnut St., Colorado Springs, CO 80905

Virtual: Microsoft Teams (Video and Audio)

Meeting ID: 278 101 197 321 87
Passcode: DH7g9yX3

Virtual: Phone (Audio Only)

Phone: (929) 242-8427
Conference ID: 442 965 867

- 1. Call to Order / Establish a Quorum / Introductions**
- 2. Agenda Approval**
- 3. Consent Items**

(These items will be acted upon as a whole, unless they are called up for discussion by a Commission member or a citizen wishing to address the Commission.)

A. Approval of the minutes from the September 16, 2026, meeting ☒

- 4. Public Comments / Presentations**

Public comments can be made before or during the meeting. Public comments during the meeting is limited to three minutes and can be done at the meeting location or remotely by using the posted Microsoft Teams link. Individuals are encouraged to notify the meeting organizer at ppacg@ppacg.org before the start of the meeting with the agenda item they would like to comment on. Public comments can be submitted before the meeting via email to ppacg@ppacg.org for distribution to the committee members.

- 5. Presentations**

- A. Colorado Springs Fire Department: Community risk assessment update and CARELINK
- B. AgeWise Colorado

- 6. Information Items**

- A. Membership Committee
- B. Jurisdiction Reports Update
- C. Colorado Senior Games Update
- D. Policy Committee

- i. Colorado Center for Aging
- E. Colorado Commission on Aging
- F. Pikes Peak Area Council of Governments Board of Directors Items
- G. Chair Report

7. Working Groups

- A. Social Connections
- B. Wellness and Safety
- C. Housing and Transportation

8. Discussion Items

- A. Work Group Purpose and Structure ☒

9. Action Items

- A. Becca Sickbert Membership Vote ☒
- B. Housing and Transportation work group move to focus only on Housing

10. Member Entity Announcements

11. Meeting Schedule

- A. Next meeting: November 18, 2026 - 3 p.m.
- B. Executive Committee Meetings – First Wednesday of each month at 9 a.m.
- C. Policy Committee Meetings – TBD
- D. Working Groups
 - i. Social Connections – 3rd Thursdays 10 – 11 a.m.
 - ii. Wellness and Safety – 3rd Wednesdays 8 - 9 a.m.
 - iii. Housing and Transportation – bi-monthly 2nd Wednesday 9 - 10: 15 a.m.
- E. Upcoming Pikes Peak Area Council of Governments Meeting Schedule ☒

12. Items for Next Meeting

13. Adjournment

Pikes Peak Commission on Aging Principles of Engagement

To support the mission and vision of the Pikes Peak Commission on Aging, the following Principles of Engagement are utilized to create and maintain a culture of collaboration and partnership among stakeholders and Commission members. The guiding principles are intended to define a behavioral model which addresses how individual members treat each other, communicate, participate, cooperate, support each other, and coordinate joint activity towards the greater whole.

Work Integrity

Collaboration: As team members we agree to always pitch in, when and where necessary, to help address problems and follow-up timely.

Accountability: We agree to be accountable for our own actions, behavior and choices.

Listen: We will listen with empathy, hear with understanding, avoid judgment and defensiveness, and solicit and discuss ideas.

Reflection: Take note of collective successes on an annual basis. Celebrate the impact of work done.

Kindness: We will always promote an environment that is safe for participation, open communication and where group members do not have to fear criticism or retribution.

Ethics: We make decisions that reflect our values and principles; even when the decision may not be favorable to the majority or individually.

Healthy Conflict Resolution

Openness: Receive and deliver feedback with an open mind while offering suggestions for improvement. Generate ideas to resolve problems being dedicated to work through conflict.

Language: Use language that avoids blame and strive to seek productive conversation.

Meeting Etiquette

Engagement: Be Present and prepared —each person should come to the meeting with the materials and data needed and an understanding of the meeting topic, practice active listening skills, be mindful of dominating conversation.

Avoid distraction: Be mindful of the speaker, do not engage in side-bar conversations.

The Pikes Peak Area Council of Governments will not discriminate against qualified individuals with disabilities. Meetings are available to join remotely via Microsoft Teams, and meetings include live transcription for remote and in-person attendees using automated software. Should you require any additional auxiliary aids or services to participate, please contact ppacg@ppacg.org or (719) 471-7080 x139 as soon as possible so that we can do our best to accommodate your needs.

Si necesita ayuda con traducción, llame por favor al (719) 471-7080 x139 o ppacg@ppacg.org.



Roster

Commission on Aging

Chair: Paula Levy
Vice Chair: Kathy Cerullo-Smith

Thirty percent of the current voting committee membership (rounded up to the nearest whole number) shall constitute a quorum.

Citizens-At-Large

Kathy Cerullo-Smith: Expires Dec. 31, 2028
Paula Levy: Expires Dec. 31, 2026*
Dayton Romero: Expires Dec. 31, 2027*
Phil Stafford: Expires Dec. 31, 2027
Penny Whitney: Expires Dec. 31, 2027

El Paso County

Carolyn Kazden: Expires Feb. 12, 2028
Steve Schleiker: Expires Feb. 12, 2028
Wanda Wood: Expires Feb. 12, 2028

Park County

Penny Everest: Expires April 9, 2028

Teller County

Bob Foster: Expires Oct. 8, 2028

Town of Monument

Erin Eleuterio: Expires Oct. 8, 2028

Town of Palmer Lake

Atis Jurka: Expires Jan. 14, 2029

Open Member Seats

Alma
Calhan
Colorado Springs (3 seats)
Fairplay
Fountain
Green Mountain Falls
Manitou Springs
Ramah
Victor
Woodland Park
Cripple Creek



Pikes Peak Area
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Meeting Minutes
Pikes Peak Commission on Aging
Wednesday, September 16, 2026, 3:00 PM

In-Person

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Virtual: Microsoft Teams (Video and Audio)

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Conference ID: 137 009 978

1. Call to Order / Establish a Quorum / Introductions

Chair Paula Levy called the meeting to order at 3 p.m. A quorum was present. She reviewed the Work Integrity piece from the Principles of Engagement.

2. Agenda Approval

Kathy Cerullo-Smith motioned to approve, Phil Stafford seconded. The motion carried unanimously.

3. Consent Items

(These items will be acted upon as a whole, unless they are called up for discussion by a Commission member or a citizen wishing to address the Commission.)

A. Approval of the minutes from the August 19, 2026, meeting ☒

Carolyn Kazden motioned to approve, Penny Whitney seconded. The motioned carried unanimously.

4. Public Comments / Presentations

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5. Presentations

6. Information Items

A. Membership Committee.

Members terming off in January include Paula Levy. New members to review and vote on in October are Becca Sickbert and David Lord. Commission would like to extend a membership invite to Jaime Wuilliez with Senior Resource Council.

B. Jurisdiction Reports Update.

No report.

C. Colorado Senior Games Update.

No report.

D. Policy Committee.

No report.

i. Colorado Center for Aging

E. Colorado Commission on Aging.

October 8, it is doing its strategic planning.

F. Pikes Peak Area Council of Governments Board of Directors Items.

The Board acknowledged Sept. 11 ceremonies and many military fairs that are happening in October.

G. Chair Report.

Chair Paula Levy thanked many for supporting the Place Like Home open house as they move forward to open a day center for seniors with more significant needs.

7. Working Groups

A. Social Connections.

Met with community organizer June Waller from the Hillside Neighborhood and are moving forward with collaborations with UCCS public health, congregate meal options. The Westside is a second location to pursue activities and the East Library is the third. Silver Key is working on housing at Chelton and Academy that wants to be a gathering place.

B. Wellness and Safety.

Working areas are emergency preparedness, in-home safety, wellness, safety from crimes and scams and technology.

C. Housing and Transportation.

Transportation continues to need attention as many providers are facing monumental cuts that will halt transportation for many seniors. Only medical appointments will be the priority. Recommendation to make Transportation its own committee. Will vote on this in October. **Housing** is working directly with the Colorado Springs Housing Action Plan on concrete measures for the Plan.

8. Discussion Items

9. Member Entity Announcements

County Assessor sent an email regarding seniors losing their homes to an entity (Caribou Conservation) presenting as a business that will help seniors who are in property tax default, and they take possession of the home title. The Assessor has paused cases on

seniors that engaged with this business.

September 22 is the last Four Year Plan Community Conversation at Silver Key.

Optics of Aging is October 15.

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Meeting adjourned at 4:14 p.m.

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10/12/2026

What next steps are needed in the PPCOA and AF combining of workgroups?

1. What are the current observations and concerns about groups having focus and direction?
2. Review the PPCOA Statement of Work from when the Colorado Springs COA came to PPACG.
3. How do we know what to focus on? Take into account PPAAA Four Year Plan, CCOA MSPA, AgeFriendly Plans. Are workgroup activities aligned with these plans? Should they be?
4. How can PPCOA/AF measure impact? What are we going to measure? Are there policy and advocacy opportunities in each workgroup?
5. What are the mission statements and activities? All have activities, only Safety and Wellness has a mission statement.
6. How to incorporate: caregiving, digital access and scalability into the 3 groups?
7. What about transportation?
8. What does advocacy mean? PPCOA discussed this at the February meeting. Minutes attached.

Workgroup report outs:**I. From PPCOA meeting 9/2026**

1. Social Connections. Goal is to have 12 community gatherings for seniors. Hillside, Westside, Mid Town (East Library).
2. Health and Wellness. This committee is Wellness and Safety. Focus on in-home needs, emergency preparedness, wellness, safety from crime and scams, tech needs.
3. Housing and Transportation. Housing work session on August 31. Recognize the need to work across all three counties and acknowledged Bob's effort to bring transportation issues to light. Steve provided resources for the difficulties the South Circle Mobile Home Park is facing with Kathy's engagement.

II. From workgroup meetings up to 10/15/26**1. Wellness and Safety**

Draft Vision: To create a thriving, inclusive, age-friendly Pikes Peak region where older adults feel safe, supported, and empowered to live well, remain independent, and stay connected to their community.

Draft Mission: The Age-Friendly Pikes Peak Wellness & Safety Workgroup strengthens safety, wellness, and independence for older adults by promoting aging in place through practical safety and wellness education.

The workgroup identified four primary areas of focus:

- **Emergency Preparedness & Response** – including resiliency and neighbor-to-neighbor preparedness.
- **In-Home Support & Health Services** – including accessible services, healthcare resources, and proactive support for caregivers.
- **Online & Personal Safety** – including collaboration with law enforcement and Adult Protective Services.
- **Access & Navigation** – ensuring older adults have the tools, information, and support needed to access and navigate community resources.

2. Social Engagement

- Refine the mission and vision statements, including consideration of stronger awareness language.
- Develop or locate a visual showing how the six city districts/regions align with Colorado Springs neighborhoods.
- Continue gathering demographic information, including race/ethnicity information where available and appropriate.
- Begin with Hillside and Old Colorado City/Westside as initial communities for relationship-building and learning.
- Connect with identified neighborhood leaders before developing events or programming.
- Explore a listening session/conversation with June Waller and Hillside community members.
- Reach out to potential Old Colorado City/Westside connectors, including Becca and Justin.
- Use what is learned from these initial neighborhoods to develop a flexible framework for approaching additional communities.
- Continue exploring opportunities for partnership with Hey Neighbor.
- Revisit Wise Connect as a potential tool/resource.
- Continue identifying ways to reduce barriers to social participation, particularly transportation and access.

3. Housing

Recommendations for action

1. Establish a resource, referral, education/marketing single entry hub for aging in place and low income housing. Ensure there is case management.

2. Establish age-friendly business designation to assist with businesses that help seniors age in place.
3. Develop a brochure with low income housing and aging in place resources
4. Continue to research alternative low income housing and Sunshine Home Share
5. Convene senior housing navigators to better case manage seniors at-risk

Scalability Evaluation Framework: Age -Friendly Community to Area Office on Aging

To evaluate whether a proposed initiative can successfully scale from a localized Age -Friendly Community (AFC) to a broader regional Area Office on Aging (AoA) service area —while accounting for diverse urban, suburban, and rural infrastructure —workgroups can apply the following checklist.

1. Wellness and Safety Workgroup

Focus: Physical health, emergency preparedness, emotional well-being, and personal safety.

Screening for Regional Scalability & Caregiver Impact

- **Regional Equity vs. Disparity:** Does the initiative rely on localized volunteer networks (e.g., specific AFC neighborhood groups) that do not exist or are severely under - resourced in more remote parts of the broader AoA region?
- **Multi -Jurisdictional Coordination:** Does the health or safety program require alignment across multiple municipal health departments, emergency services, or hospital networks, and is there a centralized administrative body to manage this complexity without burdening caregivers?
- **Decentralized Respite Access:** If the program scales regionally, are respite care partnerships established across all sub-regions so that caregivers in rural or underserved pockets have equal access to relief while participating?

Screening for Regional Scalability & Digital Access Impact

- **Broadband and Infrastructure Deserts:** Does scaling the program assume uniform high-speed internet availability across the entire AoA footprint, and how does the model adapt for counties or neighborhoods with low broadband adoption?
- **Centralized Tech Logistics:** If digital wellness checks or emergency alert systems are scaled, does the AoA have the regional infrastructure to provide localized, door -to-door technical onboarding, or will remote participants be left stranded?
- **Data Interoperability:** Are the digital tools or data collection platforms compatible across different county systems and healthcare providers operating within the larger region?

2. Transportation and Housing Workgroup

Focus: Mobility, physical infrastructure, housing stock, and neighborhood design.

Screening for Regional Scalability & Caregiver Impact

- **Cross -County Mobility:** Does the transportation initiative seamlessly cross municipal and county borders, or do care recipients and caregivers face administrative and logistical barriers when traveling between the smaller AFC footprint and the wider AoA region?
- **Equitable Resource Distribution:** Do housing modification funds and infrastructure investments serve rural and suburban caregivers equitably, or do dense urban centers capture the majority of the resources?

- **Standardized Companion Policies:** Are caregiver-friendly policies (such as companion fares or unified regional transit passes) standardized across all transit authorities operating within the AoA service area?

Screening for Regional Scalability & Digital Access Impact

- **Regional Wayfinding & Transit Tech:** If a unified regional transit app or housing portal is introduced, is there a centralized telephone dispatch and analog booking equivalent for the substantial population of older adults and caregivers lacking smartphones?
- **Universal Utility Standards:** Does the regional housing strategy advocate for broadband as an essential utility in all subsidized or aging-in-place housing developments across every municipality in the service area?
- **Fragmented Systems Integration:** Does the scaled initiative require users to navigate multiple disparate transit or housing websites depending on their exact zip code, or is there a single, simplified point of entry?

3. Social Isolation Workgroup

Focus: Civic engagement, social connection, intergenerational programs, and communication.

Screening for Regional Scalability & Caregiver Impact

- **Regional Outreach Parity:** When public awareness campaigns and social programs scale up, do marketing and outreach strategies reach isolated caregivers in isolated rural sectors just as effectively as those in dense community hubs?
- **Scalable Hybrid Infrastructure:** Do community centers, libraries, and faith-based organizations across the entire AoA region possess the physical and audio-visual equipment required to host hybrid (in-person and virtual) caregiver support networks?
- **Cultural and Linguistic Competency:** Does the scaled program account for diverse demographic, cultural, and linguistic needs across different communities within the broader region, ensuring outreach language reduces stigma for all caregiver populations?

Screening for Regional Scalability & Digital Access Impact

- **Regional Hardware Distribution:** If virtual social programming is expanded region-wide, is there a sustainable logistics plan for device distribution, Wi-Fi hotspot lending, and maintenance across a geographically expansive area?
- **Analog Redundancy:** When communication shifts to regional digital newsletters, social media, or web portals, what robust analog backup systems (e.g., regional print newspapers, automated phone trees, local radio partnerships) are mandated to reach offline participants?
- **Adaptive Technology Support:** Are regional digital platforms routinely audited for accessibility (screen readers, closed captioning, multi-lingual translation) to ensure compliance for participants with sensory disabilities across the entire service area?

What is Advocacy – PPCOA February 2026 Discussion

A. What is Advocacy.

Phil led the discussion. He stated advocacy for him is the act of pleading for support, recommending, promoting the desired goal of a person or group. Exploring public support for a policy or agenda.

Wanda sees it as influence, using your voice to create opportunities and protection for others.

Kim stated it as hearing from and speaking on behalf of those not in the room.

Bob asks what is the context for advocacy and the need to tie to a mission and vision.

Kathy notes the individual vs systemic advocacy and the Commission focusing on systemic advocacy.

Carolyn wants to pull the collective expertise of the Commission, do due diligence as individuals and see how more action can be taken on the presented legislation.

Penny E. wants to find more ways to get senior voices heard.

Penny W brings out the work responsibility.

Steve notes advocacy is actively supporting, promoting in support of people and ideas.

Paula summed up the role of protection, collaboration and collective responsibility.

Marilyn agrees with all and likes responsibility.

Pikes Peak Area Commission on Aging

Statement of Work

The Pikes Peak Area Commission on Aging will continue the good work previously accomplished by the former Colorado Springs Commission on Aging, and work collaboratively with area jurisdictions, businesses and organizations that serve the aging population across El Paso County, Teller County and Park County.

Coordinating efforts with the member jurisdictions, as well as providing liaison positions with other organizations, the Pikes Peak Area Commission on Aging will serve as a central conduit on all things aging, including regional, state and federal policy and advocacy opportunities that may ultimately serve this region's older population.

Part of that opportunity will also include participation in the Age-Friendly processes across the region, as well as policy and advocacy research and advisory capacity to the Board of Directors of the Pikes Peak Area Council of Governments.

Some of the topics the Commission may work on may include, but are not limited to, Transportation, Housing, Social Participation, Community Support, Health Services and Social Inclusion. The Commission will also seek out opportunities across the region, state, and national level to study areas of policy and advocacy for aging initiatives, to initiate and broaden those opportunities locally.

In summary, the role of the Commission will be to:

- Encourage collaboration and strategic planning between organizations and individuals with common goals.
- Outreach
- Communication
- Advocacy
- Identify gaps and duplications in services targeted towards seniors
- Advise Board of Directors on initiatives, policy and programming that will improve the lives of residents
- Ensure appropriate amount of urgency and importance is placed on considering seniors



Pikes Peak Area
Council of Governments
Communities Working Together

Application for Membership Commission on Aging

Name: Becca Sickbert

City: Colorado Springs

Zip: 80904

Phone: 719-232-1041

E-Mail: rsickbert@silverkey.org

Are you currently employed? **Yes** No

If so, will you be able to attend the monthly meetings held during regular office hours?

Yes No

Our committees require 50% or more of members to be over 60.

Are you over 60? Yes **No**

Geographic Region Represented (Please circle appropriate one):

Park County

Southern Teller County

Teller County

Eastern El Paso County

Western El Paso County

Southern El Paso County

Northern El Paso County

Please tell us why you would like to serve on the committee:

I have been a member of this community since 2004 and I've watched Colorado Springs become a stronger, more connected community. That said, I know there is ample room for improvement and deeper thinking about how we prepare for the rapid growth of the region's elder population amid massive federal government changes and continued economic expansion. A main focus area for me since leading economic recovery for the Manitou Springs community is how we can connect resources and organizations to

provide more and better access to housing, food, health care, transportation, education, and arts for all of our community – not just those who can afford it.

Please list volunteer experience, including any leadership positions:

- **Manitou Springs Women's Club** – IT Officer (Sep 2024 – Present): Serves in a current volunteer leadership role supporting the organization's technology needs.
- **PikeRide** – Member, Board of Directors (Jan 2022 – Dec 2025): Served as Board Secretary, participated on the marketing committee, co-led executive director search and onboarding
- **Old Colorado City Partnership** – Steering Committee Member (Apr 2022 – Dec 2025): Supported economic empowerment efforts
- **St. Baldrick's Foundation** – Fundraising Volunteer (Mar 2015 – 2018): Supported annual Colorado Springs event
- **Give! Campaign** – Advanced Social Media Trainer (2011 – 2018): Provided annual advanced social media training to community nonprofit organizations participating in IndyGive

Please list any current affiliations and/or memberships:

Affiliations: Organization of Westside Neighbors

Please use this space to tell us anything else that you'd like us to know about you; special interests, unique skill sets, relevant experiences, etc.:

Eldercare and services for people living with dementia have been a huge part of my life in the past few years as my parents are both over 75 and dealing with those issues.

Please give a brief employment history, to include any military service:

- **Jun 2026 – Present | Silver Key Senior Services** – VP of Grants, Compliance & Strategic Communications
- **Oct 2025 – Apr 2026 | Think 360 Arts for Learning** – Interim Director
- **Jan 2024 – Oct 2025 | Think 360 Arts for Learning** – Grants Manager
- **Apr 2023 – Present | Bijou Bee LLC** – Owner, Consulting Communications Strategist
- **Jul 2020 – Jul 2023 | Creative Alliance Manitou Springs** – Executive Director & Economic Recovery Director
- **May 2020 – Jul 2020 | Creative Alliance Manitou Springs** – Interim Executive Director
- **Oct 2019 – May 2020 | Care and Share Food Bank for Southern Colorado** – Marketing and Communications Director
- **Apr 2014 – Mar 2019 | elope, Inc.** – Marketer of Joy (Director of Marketing)
- **Dec 2011 – Mar 2014 | Colorado Springs Independent** – Director of Digital Media
- **May 2010 – Dec 2011 | Colorado Springs Fine Arts Center** – New Media Manager

- **Aug 2007 – Mar 2009 | BuyWell Organic Fair Trade Coffee** – Marketing Communications Manager
- **Jun 2005 – Apr 2007 | Whole Foods Market** – Community Marketing Coordinator
- **Dec 2002 – Aug 2003 | Northeast Family Project** – Education and Website Coordinator
- **Sep 2001 – Dec 2002 | Bridging The Gap** – AmeriCorps*VISTA

Upon completion, please return this form:

E-mail: mmarts@ppacg.org

Mail:

Pikes Peak Area Agency on Aging
14 S. Chestnut Street
Colorado Springs, CO 80905

If you have any questions, please call 471-2096 x135



Pikes Peak Area
Council of Governments
 Communities Working Together

Upcoming Meeting Schedule

Date	Time	Meeting
October 21	9 a.m.	Water Quality Management Committee
October 21	1 p.m.	Air Quality Work Group
October 21	3 p.m.	Commission on Aging
October 22	10 a.m.	Regional Advisory Council
October 29	3 p.m.	Community Advisory Committee
November 4	9 a.m.	Commission on Aging – Executive Committee
November 4	11 a.m.	Regional Advisory Council – Executive Committee
November 6	9 a.m.	Board of Directors Workshop
November 13	9 a.m.	Board of Directors
November 13	10 a.m.	Regional Advisory Council – Strategic Review Subcommittee
November 18	3 p.m.	Commission on Aging
November 19	1:30 p.m.	Transportation Advisory Committee
November 20	3 p.m.	Community Advisory Committee
November 25	9 a.m.	Water Quality Management Committee
November 25	1 p.m.	Air Quality Work Group
December 2	9 a.m.	Commission on Aging – Executive Committee
December 3	10 a.m.	Regional Advisory Council
December 4	9 a.m.	Board of Directors Workshop
December 7	9:30 a.m.	Mobility Coordinating Work Group
December 9	9 a.m.	Board of Directors
December 11	10 a.m.	Regional Advisory Council – Strategic Review Subcommittee
December 16	9 a.m.	Water Quality Management Committee
December 16	3 p.m.	Commission on Aging
December 17	1:30 p.m.	Transportation Advisory Committee
December 30	3 p.m.	Community Advisory Committee

Schedule as of October 15, 2026

Meetings may be added, changed or cancelled as needed. Current meeting schedule is available at ppacg.org.